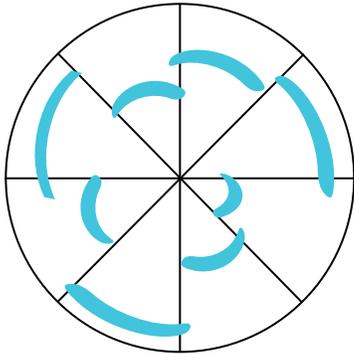


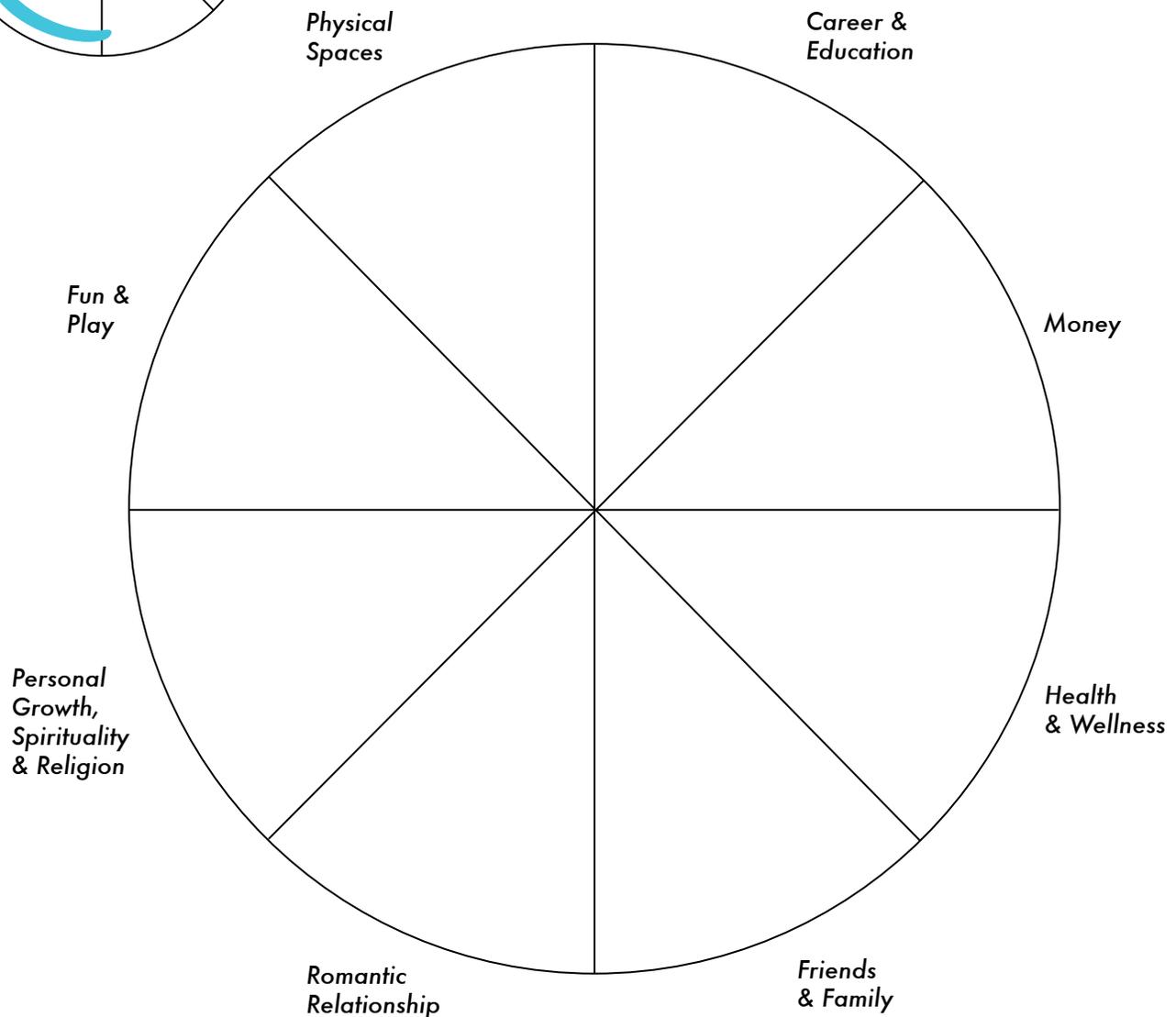
Balancing Your Life

How satisfied are you in each of these areas of your life...right NOW?

Date _____



The 8 sections in this wheel represent the areas in your life which support an integrated, balanced and interconnected life. Seeing the center of the wheel as 0 and the outer edge as 10, rank your level of satisfaction in each area of your life by drawing a line to create a new outer edge within the wheel (see sample).



Overall Life Happiness _____