

## Inspired Action Items

Date \_\_\_\_\_

The sections below represent the primary areas in balancing life. In order to improve your satisfaction level in a specific area, create three Inspired Action items that will bring you more daily joy and move you forward in achieving your goals, dreams, intentions and desires. If you are working on integrating your values, be sure to list those at the top as a reminder so that you can make sure your items support who you are and what you are trying to create.

<p>Career &amp; Education</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Money</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Health &amp; Wellness</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Friends &amp; Family</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p>Romantic Relationship</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Personal Growth</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Fun &amp; Play</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>Physical Spaces</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Completion of Inspired Actions: \_\_\_\_\_