

14th Semester

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EmpowerU Calendar of Events

Free Courses
Educate Enjoy Engage



www.EmpowerUohio.org

Reservation required! Reserve your spot now by signing up for sessions at www.empoweruohio.org

www.EmpowerUohio.org

Read Entire Course Listings online including speaker information and location maps. Space is limited. Sign up online!



Help is a Four Legged Word **Sept 21**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Thursday, September 21, 7:00-8:30 PM

Canine Companions for Independence is a national nonprofit with six regional training centers across the country which provide highly trained assistance dogs to children, adults & veterans. Join **Cynthia**, meet some of the dogs and learn just how true "A Dog is a Man's Best Friend" is!!! Become informed about Canine Companions and how these amazing assistance dogs enrich and bring love into the lives of those who need it.



Social Security on the Hot Seat **Sept 26**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, September 26, 7:00-8:30 PM

Whether you are 25, 55 or 75, this session is for you. Longtime public affairs specialist **Sue Denny** will provide an overview of Social Security programs and benefits. When most people think about Social Security, they think about retirement. In reality, Social Security is with you through life's journey, securing today and tomorrow. Will Social Security be there for you? Learn about Retirement, Survivors and Disability Insurance, Medicare, and Supplemental Security Income plus all your questions will be answered.



General Ulysses S. Grant **Sept 27**

Historic Train Tracks at Glendale Square
30 Village Square
Glendale, OH 45246

Wednesday, September 27, 7:00-8:30 PM

Curt Fields- a living historian will transport us back in time with his uncanny ability to make the audience feel they are with the General himself. He's the spitting image of U.S. Gen. Ulysses S. Grant, In his cavalry-style slouch hat, blue wool sack coat, mud-splattered boots, dark beard and ever-present cigar, he'll make a believer out of anyone. Fields life-long interest in the Civil War will serve as a backdrop for the 18th President of the United States. See website www.empoweruohio.org for exact location of event.

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Lean Six Sigma Overview Course **Oct 4**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Wednesday, October 4, 6:00-7:30 PM.

Join **Tasos Georgopoulos** to learn how Lean Six Sigma can drive productivity, efficiency and profitability into every level of your organization! This overview class brings exposure to principles, terms and applications of Lean & Six Sigma, discussing the concepts and methodologies of Lean Six Sigma as well as some of the more common tools and applications. If you've ever wondered what this is about or had people talk above you on this join us. EmpowerU Business Classes cost \$10 each.



The Lindbergh Baby **Oct 5**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 5, 7:00-8:30 PM

Join one of EmpowerU's favorite speakers, **JT Townsend** author of *Queen City Gothic* as he takes a fresh look at the Lindbergh Kidnapping. As one of the rare writers to actually tour the Lindbergh house in Hopewell NJ, he combines contemporary photographs of the crime scene with archival images from 1932 to create a unique perspective on this notorious crime, which would become the most publicized crime of the 20th century. Put your CSI hats on for this fun who-done-it.



Ohio Issue 1&2 **Oct 10**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 10, 7:00-8:30 PM

Most of us are confused from all the conflicting advertising for the two Ohio Issues. EmpowerU to the rescue... We will learn about Issue 1--A Victim Rights Initiative also known as Marsy's Law from experts **Chris Albanese** of Vote Marsy's Law (Pro) and **Barry Wilford** (Con) of Kura, Wilford, Schregardus. Explaining Issue 2--The Drug Price Ballot issue will be **Dennis Willard**, spokesperson for Ohio Taxpayers for Lower Drug Prices (Pro) and **Greg Lawson**, Research Fellow at Buckeye Institute (Con). Time to study-up!



Getting Promoted **Oct 11**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Wednesday, October 11, 6:00-7:30 PM

Have you ever wondered why colleagues who are not top performers get promoted ahead of those who are? Are you a top performer who has been passed over for promotion and want to know why? Join **Ed Burghard** while he discusses the hidden factors beyond excellent job performance that really matter to managers when it is time to decide who is ready for that next promotion.

EmpowerU Business Classes cost \$10 each.



WIN by NOT losing! **Oct 12**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 12, 7:00-8:30 PM

Join **Rob Siegmann**, partner of Total Wealth Planning, and learn about the investment philosophy he and many professional financial advisors utilize. He will talk about the Modern Portfolio approach to investing and how the approach, based on Nobel Prize winning research, structures an investment portfolio to "win by not losing" by keeping costs and risks low, while not sacrificing long term returns. A great time for this class!



Lethal Force & the Law **Oct 17**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 17, 7:00-8:30 PM

Do you know that just touching a gun might be considered lethal force ... that "stand your ground" means something different in every state ... that you may be judged by a "reasonable man" standard? Attorney and gun law expert **Sean Maloney** from Second Call Defense (SecondCallDefense.org) will review the basic concepts of lethal force, how they are interpreted by the legal system, and what it all means for you as a gun owner. Join us for this important class.



Inventive Problem Solving for Business **Oct 18**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Wednesday, October 18, 6:00-7:30 PM

Herbert Roberts presents systemic innovation methods for use in modeling business and technical trends to forecast emerging opportunities. You will learn advanced problem solving skills that enable stronger solutions, better alignment with your products and services to meet emerging needs, and lower your development cost. We all need new approaches for working on problems in our businesses. Make it a goal to come up with one new idea tonight! EmpowerU Business Classes cost \$10 each.



Cyber Security Concerns **Oct 19**

EmpowerU Studio at Frame USA
Virtual Class 225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 19, 7:00-8:30 PM

It's hard to miss the headlines about the increasing frequency and severity of Cybercrime, and it seems that no organization or individual is safe. Join **Dave Hatter** in this seminar, and we'll bring you up-to-speed on the latest cybersecurity threats and what you can do to mitigate your risk. To be discussed: PII, Email, Phishing, Malware, Patches, Social Media, Mobile Security, Website Security.



Festive Pumpkin Stacking **Oct 21**

White Oak Garden Center
3579 Blue Rock Road.
Cincinnati, OH 45247

Saturday, October 21, 10:00-11:30 AM

Feeling the Spirits getting restless? Getting ready for Goblins and Ghosts to descend upon your front porch? Bewitch these little creatures with entrancing, enthralling and enchanting pumpkins and gourds. Join **Jeff Webeler** and EmpowerU at White Oak Garden Center as we join forces in creating unique pumpkin/fall decorations for the porch, deck or dining room table. Unfetter your creative "spirit"! You can watch and make a pumpkin under White Oak's staff for a small cost.



Mayor Debate Cranley vs. Simpson

Oct 23

The Farm
229 Anderson Ferry Rd.
Cincinnati, OH 45238

Monday, October 23, 7:00-8:30 PM

(Dinner starts at 5:45 PM--Best Fried Chicken!)

With the election right around the corner, join us for an important debate between the two candidates running for Mayor of Cincinnati--current Mayor John Cranley and challenger and current City Councilperson Yvette Simpson. Both of their resumes are strong--which one will be a better leader for our important city? EmpowerU Managing Board Member Dan Regenold will moderate this debate. Send your questions for the debate to info@empoweruohio.org.



Ohio Sunshine Laws

Oct 24

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 24, 7:00-8:30 PM

Attorney **Brian Shrive** teaches you to get the information you need from governments through the public information request process. You must know this important Ohio law to let the sunshine in! If you need information from your government(s), this class will tell you how to request the information, You will also learn what information your government is required to give you. Finally, we will discuss the important Open Meetings Act. Join us for this foundational EmpowerU Class.



Life Balance

Oct 25

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Wednesday, October 25, 6:00-7:30 PM

Are you living a full life today? Do you feel alive and passionate about what you are doing? Do you want more out of your life. Join Life Coach Jennifer Blair (Excavive.com) who will talk to us about life, balance and happiness and how you can be more empowered as a person and leader in your life. We'll examine 8 different areas of your life to get things moving forward and make lasting change that will provide more focus and joy!

EmpowerU Business Classes cost \$10 each.



Maintaining your car

Oct 26

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 26, 7:00-8:30 PM

Cincinnati's favorite car expert, **Dale Donovan** joins EmpowerU for an evening of relationship building with your car. Get advice on what to look for when buying a used car and learn tips on choosing your mechanic and avoiding unnecessary repairs. Dale will also share those simple maintenance items every car owner can do on his own. Join the many Listeners to The Car Show on 55KRC and get your questions answered..



Haunted Ghost Tour

Oct 27

Queen City Haunted Tour!
Meet at: 1332 Vine St. (Near Washington Park)
Cincinnati, OH 45202

Friday, October 27, 7:00-8:30 PM

Do you dare investigate the fables of Cincinnati? Join forces with EmpowerU and together fearlessly face the myths, legends and superstitions of the Queen City. We will discover stories of grisly murders, walk the grounds where human remains have recently been unearthed, and learn the truth about the Witches of Washington Park. Craig Maness, Director of American Legacy Tours, will scare us and enlighten us.

There is a \$10 charge for the ticket, space is **LIMITED!** A perfect tour right before Halloween.



Saul Alinsky- Rules Just For Radicals?

Nov 2

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, November 2, 7:00-8:30 PM

Join EmpowerU Managing Board Member **Dan Regenold** in a lively discussion of the much talked about Saul Alinsky. Specifically, we will be discussing Alinsky's *13 Rules for Radicals* a primer for how the "Have-Nots" could take away power from the "Haves". What are these rules? How can they be used to accomplish the goals of your organization? Are Alinsky's rules just for Radicals and Socialists or do they also apply to Conservatives?



Small Business is Big Business in Ohio

Nov 6

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Monday, November 6, 7:00-8:30 PM

Join Roger R. Geiger, Vice-President and Executive Director of Ohio National Federation of Independent Business (NFIB). Roger will explain to us just how important Small Business is to the livelihood of Ohio (you'll be surprised!). As the Director of Legislative Affairs in Columbus, Roger will also discuss the many issues that are currently impacting the State of Ohio and business in Ohio. We hope for a good showing of business owners to hear what is important to you and how we can make Ohio even stronger.



Veteran's Day With Hero Bob Doolan

Nov 9

Sharonville VFW #4369
3318 East Sharon Road
Sharonville, OH 45241

Thursday, November 9, 7:00-8:30 PM

American Hero Bob Doolan turned 100 in March, 2017. Bob's unit went to England where they flew missions over Germany. On Bob's last mission (8-12-1943) his plane was severely crippled and had to land in a field in Holland. Learn how he was sent to a POW camp after this crash, the same camp on which the movie "The Great Escape" is based. Help us celebrate a living Hero with Great stories, a Great Life, a Great Man for Veterans Day 2017.



Change The World

Nov 14

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, November 14, 7:00-8:30 PM

Judge **Heather Russell's** CHANGE Court treats people caught up in the web of human trafficking and prostitution as victims rather than criminals. Learn how this CHANGE court is literally saving lives by helping rather than incarcerating these less fortunate among us! Hear about the real life examples of human trafficking, prostitution and addiction in our local area and how this is being treated.



VOA Museum Of Broadcasting

Nov 16

VOA Museum
8070 Tylersville Rd.,
West Chester, OH 45069

Thursday, November 16, 7:00-8:30 PM

"Tell the truth and let the world decide". This simple eight word sentence captures the very essence of the Voice of America. It was the guiding principle when it was founded more than 70 years ago where this iconic building has dominated the landscape on a plot of land located just north of Cincinnati, in West Chester Township, Ohio. For thousands of area residents, the Art Deco façade has been a landmark. More significant is that for many living in foreign lands, it remains a source of inspiration. It was from this site that millions of people in thousands of cities and hamlets worldwide first learned about the United States. Join **Jack Dominic**, Executive Director at the VOA Museum, where we will tour the building and learn more about how our culture, values and dedication to freedom and how the democratic process became bright beacons of hope and aspiration around the world.

After the speaker and tour we will have a chance to see the new Powel Crosely Exhibit which opens in September. Don't miss this season ending class.



Attend 10 classes over two semesters (Fall and Spring) and you will receive an Empowered Citizen Plaque to call your own. Thanks for being an Empowered Citizen and thanks for attending EmpowerU Sessions! Please tell your friends.



Got a question about a class or your registration? Have an idea for a new class we should offer? Email us any time at info@empoweruohio.org.

Register

Please register for our classes at www.empoweruohio.org. Registering helps us understand how many people we need to have to volunteer at each session (thanks!).



Many of our classes are hosted virtually. This means you can come to the class in person or watch the class online. Watch for the virtual logo listed by each class. If the class is virtual, go to: www.empoweruohio.org and find the class. Then, just click on the virtual link a few 10 minutes before the class, watch and learn. Mobile devices now work with our virtual classes!

\$10 CLASSES

To Improve Your Business Skills



EmpowerU has started to offer Business Classes. These are \$10 classes to help you improve your Business Skills. Let us know what you would like to learn.

