Tuesday, February 27, 7:00-8:30 PM

Are you living a full life today? Do you feel alive and passionate about what you are doing? Do you want more out of your life? Join Life Coach Jennifer Blair (Excavive.com) who will talk to us about life, balance and happiness and how you can be more empowered as a person and leader in your life. We’ll examine 8 different areas of your life to get things moving forward and make lasting changes that will provide more focus and joy. It’s a New Year!

Tuesday, March 7, 6:30 - 8:30 PM

Join EmpowerU for a night at the Movies* as we watch the 2010 riveting documentary “Appalachian Dawn”. Learn about the town of Manchester in Clay County, Kentucky. With vicious feuds, crushing poverty, massive pervasive government corruption and epic drug use—many have called it the most drug infested County in the United States. Could a City like this make a decision to turn itself around? What happened when the City asked God to intervene? What are lessons to be learned for other cities in trouble?

*We will be watching a little over half the movie

Tuesday, March 15, 7:00 - 8:45 PM

EmpowerU partners with the Ohio Attorney General to present Sunshine Laws State Certification Training. If you are interested in obtaining this certification Empower U is providing an opportunity for you to do so locally. The Sunshine Laws Certification Training, provided by the Ohio Attorney General’s Office, is a three-hour certiﬁcation training session provided to all elected ofﬁcials, and/or their appropriate designees, as well as members of the general public. Let the Sunshine in!

Tuesday, March 29, 9:00 am-12:15 pm

EmpowerU partners with the Ohio Attorney General to present Sunshine Laws State Certification Training. If you are interested in obtaining this certification Empower U is providing an opportunity for you to do so locally. The Sunshine Laws Certification Training, provided by the Ohio Attorney General’s Ofﬁce, is a three-hour certiﬁcation training session provided to all elected ofﬁcials, and/or their appropriate designees, as well as members of the general public. Let the Sunshine in!

Tuesday, April 5, 7:00-8:30 PM

Peter Breson, a celebrated journalist and has won numerous awards as editor of the Cincinnati Enquirer editorial page, which was named Best Editorial Page in Ohio four years in a row. He has worked his entire career in the news business, at The Cincinnati Enquirer, The Cincinnati Magazine, and on TV and radio. Peter is here to tell you that “fake news” is real—and has never been worse. He will offer examples and describe the Decline and Fall of the Daily Newspaper, caused by many factors—not least among them, dishonest fake news.

EmpowerU is an independent Ohio Corporation and not affiliated with any other entity. We are able to offer FREE classes based on your generous donations.

Please consider sending a contribution to: EmpowerUOhio.org, Inc., 225 Northland Blvd., Cincinnati, OH 45246 email: info@empoweruohio.org

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The Robot Next Door

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, March 8, 7:00-8:30 PM

Human activity is, or soon will be, assisted, monitored or replaced by evolving technology. Both fear and wonder accompany the rapid development of artificial intelligence. Greg Lawson, Senior Policy Analyst at the Buckeye Institute and Joe Platt examine the vast changes we can expect in jobs, society and public policy as America transitions to an automated economy where the labor of humans has an ever decreasing role.

Saul Alinsky:
Rules Just for Radicals?

Holiday Inn
7905 Freedom Way
Florence, KY 41042

Thursday, March 22, 7:00-8:45 PM

Join EmpowerU Managing Board Member Dan Regenold in a lively discussion of the much talked about Saul Alinsky – a primer for how the “Have-Nots” could take away power from the “Haves”. What are these rules? How can they be used to accomplish the goals of your organization? Are Alinsky’s rules just for Radicals and Socialists or do they also apply to Conservatives?

Self-Defense With LOVE

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, March 27, 6:30-8:30 PM

Self Defense with LOVE. Let no one confuse your KINDNESS as WEAKNESS. Courage Coaches Debbie and Mike Gage will present a well-researched, entertaining and engaging discussion on why the traditional tool of self-defense (banging on the head) is totally ineffective and a waste of time. The new paradigm is teaching personal safety strategies that are effective, empowering, and empowering.

The History Of Fake News

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, April 5, 7:00-8:30 PM

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See other side
prominent celebrities, businessmen, politicians, and judges, like an unstoppable freight train. There would be no unborn babies that night. The once famous club lying on the hillside, some not to be found until the fourth day after. What caused this fire? You’ll hear firsthand in the dirt and bask in the smells and beauty of the glory of the Great Raid of 1863. Come hear David Mowery tell us this fascinating story.

Watch EmpowerUOhio.org for an important event that we are working on for the 4/16/18 date. Also please refer to the website for new classes that may be added throughout the semester.

Forty one years ago a fire swept through the Beverly Hills Supper Club like an unstoppable freight train. There were 2500 people in the club that evening, 165 and two unborn babies would die that night. The once famous club was now in smoldering ruins with the dead and dying in the streets. Most people think Networking is casual conversation but it is so much more! Learn how “networking” is crucial to building your career and business. Not to mention how it can improve your social life! Networking is working. Learn how networking includes teaching people who you are, what you do and what kind of opportunities may come your way. Building relationships on the foundation of trust involves give and take with others in your network. Learn how. 6:30 - Social meet, 7:00 - Event.

`EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246
Tuesday, April 24, 7:00 -8:30 PM
Forty one years ago a fire swept through the Beverly Hills Supper Club like an unstoppable freight train. There were 2500 people in the club that evening, 165 and two unborn babies would die that night. The once famous club was now in smoldering ruins with the dead and dying in the streets. Most people think Networking is casual conversation but it is so much more! Learn how “networking” is crucial to building your career and business. Not to mention how it can improve your social life! Networking is working. Learn how networking includes teaching people who you are, what you do and what kind of opportunities may come your way. Building relationships on the foundation of trust involves give and take with others in your network. Learn how. 6:30 - Social meet, 7:00 - Event.

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246
Thursday, April 26, 7:00 -8:30 PM
6196 Tylersville Road
Mason, Ohio 45040
Thursday, April 19, 6:30-9:30 PM
Bring out the artist in you! Join EmpowerU at Painting with a Twist! Maybe you thought about giving this a try! Here is your chance to do just that, and best of all you will be part of an awesome group of people from EmpowerU. A professional artist will instruct our guest step by step through the 16x20 painting pictured (Cincinnati). All materials needed for the project are included with the fee. This is a fun and unique way to socialize! Empower U will provide the snacks! BYOB-Wine & Beer and soft drinks ONLY. No hard liquor. Must be 21! There is material fee for this class.

Beverly Hills Supper Club Fire
EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246
Tuesday, April 24, 7:00 -8:30 PM
EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246
Thursday, April 26, 7:00 -8:30 PM
Come join us to be Empowered to Yard and thrive! Join ‘Yardening expert Ron Wilson (your Personal Yardboy) for this informal open formatted session as he takes a look at new plants and products, shares timely ‘Yardening tips, works thru what’s hot and what’s not in the ‘Yarden, addresses your personal ‘Yardening issues and who knows what else? You can feel it, you know it’s time to get your hands back in the dirt and bask in the smells and beauty of the glory of Mother Nature in Bloom!'

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Rocky Pack: Thomas, Smitherman, Monzel to Appear!
EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246
Wednesday, May 2, 6:00 -8:00 PM
Bring your lawn chair and experience the meaning of our motto, “Educate, Enjoy, Engage.” 5SKRC radio personality Brian Thomas will serve as master of ceremonies and gang leader of the “Rat Pack” including Christopher Smitherman and Chris Monzel. Christopher Smitherman and Chris Monzel will discuss the City of Cincinnati and Commissioner Chris Monzel will discuss the County. On this very special evening we will celebrate the end of EmpowerU’s 15th semester. Empowered Citizen awards will be handed out. Will you receive one? Our keynote speaker for the evening is the great Rocky Boiman. No one is better to discuss Leadership and Teamwork than the former pro football player who played in a SUPER BOWL. Rocky will share his 2 Theme winning approach—Habits of Great Teams and Habits of Great Players. Rocky will explain these approaches and many other of his winning habits and how they can be applied to our everyday life. Are you ready?

We are working on an event that will be outdoors, and we do not know the weather. Bring a side dish and BYOB. This event is a great outdoor event and will be moved inside if bad weather. Bring a side dish and BYOB.